

Flute

Lesson 1

Reminders:

1. Sit up tall, feet flat on the floor, front edge of the chair.
2. Practice on the headjoint in front of a mirror. Try to hold the tone for 4 steady counts.
3. Keep lips relaxed, corners down. Make sure tone hole is in the center of your lips.
Don't push headjoint against your lips.
4. Breathe deeply through your mouth.
5. Do finger exercise daily. Keep fingers flat, hands gently curved in a "C" position. The flute rests on the lowest section of your left hand's index finger.
6. Practice 10-15 minutes, 2 times each day to start.
7. Always swab out your flute and put it away in the case after each practice session.
8. Class is every PURPLE day. Bring your instrument, binder and pencil with you each time.
9. Remember, never let other people play your instrument! It is not a toy; take good care of it. :-)

