

Saxophone

Lesson 1

Reminders:

1. Sit up tall, feet flat on the floor, front edge of the chair.
2. Practice on the mouthpiece and neck in front of a mirror.
Try to hold the tone for 4 steady counts.
3. Keep chin flat. Push mouthpiece up against top teeth.
Stretch bottom lip slightly over bottom teeth.
4. Breathe deeply through the corners of your mouth.
5. Do finger exercise daily. Keep fingers curved. Fingers do not lean against side keys.
Hold the horn by using your neck strap. Do not support it with your hands or the chair.
6. Practice 10-15 minutes, 2 times each day to start.
7. Always swab out your saxophone and put the reed away in a reed case after each practice session.
8. Class is every BLUE day. Bring your instrument, book and pencil with you each time.
9. Remember, never let other people play your instrument! It is not a toy; take good care of it.
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