

Trombone

Lesson 1

Reminders:

1. Sit up tall, feet flat on the floor, front edge of the chair.
2. Place mouthpiece in the center of your lips.
3. Do not roll lips in or push them out; don't push the mouthpiece against your lips!
4. Practice in front of a mirror, buzzing the mouthpiece only. Try to hold the tone for 4 steady counts.
5. Breathe deeply through your mouth.
6. Practice 10-15 minutes, 2 times each day to start.
7. Hold the trombone with your left hand; do not rest it on your shoulder. Keep your head straight; do not tilt to one side.
Hold the slide between the thumb and first two fingers.
8. Class is every ORANGE day. Bring your instrument, binder and pencil with you each time.
9. Remember, never let other people play your instrument! It is not a toy; take good care of it. :-)

